

Thursday, September 26th, 2013

	HALL I
15.00-17.30	Check in - Registration
17.30-19.00	<p>ROUND TABLE I Basic Science and Pathophysiology of Pain Chairs: A. Evagelou, E. Ketikidou, E. Raptis</p> <p>Metals & Zinc Proteins in the Regulation of Pain V. Kalfakakou</p> <p>The Role of Microglia in Pain C.T. Hartrick</p> <p>Opioid Hyperalgesia: Myth or Reality? A. Borgeat</p>
19.00-19.30	<p>LECTURE I</p> <p>Chairs: S. Erdine, A. Vadalouca, V. Vrettou</p> <p>Education and Pain Management P. P. Raj</p>
19.30-20.30	<p>OPENING CEREMONY Chairs: S. Erdine, A. Vadalouca</p> <p>Welcome Addresses</p> <p>Opening Lecture Hippocratic Medicine S. Geroulanos</p>
20.30	Welcome Reception

Thursday, September 26th, 2013

	HALL II
16.30-17.15	<p>e-Posters Session I Acute Pain I Chairs: A. Manataki, S. Kandreviotou, A. Daflou</p> <p><i>P 01 Comparison of Acupuncture and peros Tramadol in the relief of Postoperative Pain in Surgical Dentistry</i> <u>Papakitsos G.</u>, Kapsali A., Papakitsou E. <i>Anaesthetic Department, General Hospital Arta, Greece</i></p> <p><i>P 02 Effect of Pelvic Tilt by Using Birth Ball on Active Phase of Physiologic Labor: A Randomized Control Trial Study</i> Taavoni S.^{1,2}, Abdolahian S.¹, Haghani H.¹ 1. <i>Tehran University of Medical Sciences</i> 2. <i>Member of Research Institute for Islamic & Complementary Medicine (RICM, TUMS)</i></p>

	<p>P 03 Catheter-related Bladder Discomfort (CRBD) after radical Prostatectomy <u>Mouriki M.</u>, Patili E., Tsismalidis K., Makaroni M., Gavra Ai., Papatsoris A. <i>Sismanoglio General Hospital, Athens-Greece</i></p> <p>P 04 Effect of Intravenous Lidocaine in Trigeminal Neuralgia <u>Stavropoulou E.</u>¹, Argyra E.², Vadalouka A.², Isaia C.², Karra A.², Bernali N.³, Siafaka I.² 1. <i>General Hospital of Athens "Elpis"</i>, 2. <i>Outpatient Pain Centre- Aretaieion Hospital-National & Kapodistrian University of Athens</i> 3. <i>General Hospital of Thivae</i></p> <p>P 05 The Inflammatory Response to three types of Regional Anaesthesia and Analgesia of patients operated for Osteoarthritis of the knee with total Knee Arthroplasty <u>Chloropoulou P.</u>¹, Vogiatzaki Th.¹, Eleftheriadis S.¹, Kazakos K.², Iatrou C.¹ 1. <i>Department of Anaesthesiology, Democritus University of Thrace</i> 2. <i>Department of Orthopaedics, Democritus University of Thrace</i></p> <p>P 06 Safety Standards for Asleep Thoracic Epidural for Pain Management after Bilateral Sequential Lung Transplant (BSSLTx). A Retrospective Review Sarridou D.G, Fonteyne IAN, Walker CPR, Cox F., Mitchell J.B., Lees N.J., Farrimond J.G. <i>Department of Anaesthesia, Critical Care & Pain Management, Royal Brompton and Harefield NHS Trust, Harefield, Middlesex, UK</i></p>
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	<p>HALL III</p>
<p>16.30-17.15</p>	<p>e-Posters Session II Chronic Pain I Chairs: M. Kokolaki, E. Karanika, A. Kaperda</p> <p>P 07 Case report: Efficacy of Caudal Epidural injections for low back pain in a child <u>Papantonaki S.</u>, Andreadaki E., Christofaki M., Antonoglou F., Havaki D., Psomopoulos Ch. <i>Department of Anesthesiology, General Hospital of Agios Nikolaos, Lassithi, Creta</i></p> <p>P 08 Thoracic Spinal Cord Stimulation for low back pain in a patient with permanent pacemaker Vassilakos D.¹, <u>Fyntanidou B.</u>¹, Grosomanidis V.¹, Al-Kaisy A.² 1. <i>Department of Anesthesiology and Intensive Care Medicine, AHEPA University Hospital, Thessaloniki, Greece</i> 2. <i>Pain Management and Neuromodulation Centre, Guy's & St Thomas NHS Trust, London, UK</i></p> <p>P 09 Epidural injection and Endoscopic lysis of Adhesions, during Epiduroscopy in patients with Degenerative disease of Spine <u>Papakitsos G.</u>, Kapsali A., Papakitsou E., Roimba A. <i>Anaesthetic Department, General Hospital Arta, General Hospital Mesologi, St Paul General Hospital Thessaloniki, Greece</i></p> <p>P 10 Interscalene nerve block and Catheter Analgesia for the treatment of frozen shoulder Roumelioti Ch., Xarchoulakos D., Padopoulos D., <u>Kotouzas A.</u>, Fandridis E., Mavrommati R., Gampopoulou Z. <i>General Hospital of Athens "KAT"</i></p> <p>P 11 A 25 Consecutive cases series study of successful Radiofrequency Thermocoagulation for the treatment of Trigeminal Neuralgia: use of a new Electrode and an advanced Combustion Protocol Maratheftis N.¹, <u>Stavropoulou E.</u>², Sarridou M.¹, Sourtzis H.¹ 1. <i>General Hospital of Athens "Euroclinic"</i>, 2. <i>General Hospital of Athens "Elpis"</i></p>

Friday, September 27th, 2013

	HALL I
09.00-10.30	<p>ROUND TABLE II Chronic Pain: Management Outcomes & Economics Chairs: Ph. Mavrocordatos, F. Kremastinou, M. Paximadi</p> <p>Medical Management of Chronic Low Back Pain: Quo Vadis? Are There Alternatives for Interventional Pain Management? J. Van Zundert</p> <p>Improvement of Pain Outcomes by Better Patient Selection and Diagnostic Programs K.C.P. Vissers</p> <p>Can we Save Money in Pain Management? E. Alon</p>
10.30-12.00	<p>ROUND TABLE III Acute Pain Chairs: Ch. Walker, K. Kokkinis, D. Sarridou</p> <p>Which Analgesic Techniques Affect Postoperative Outcome? N. Rawal</p> <p>Robotic Abdominal Surgery Minimizes Post Operative Analgesics C. Konstantinidis</p> <p>Enhancing the nurse role in pain management F. Cox</p>
12.00-12.30	COFFEE BREAK
12.30-13.00	<p>LECTURE II Chairs: S. Erdine, Th. Vogiatzaki, S. Douvli</p> <p>CRPS Evidence Based. What's New? R. Rauck</p>
13.00-14.30	<p>ROUND TABLE IV Neuromodulation Chairs: R. Rauck, D. Vassilakos, I. Kouroukli</p> <p>Present and Future of Interventional Pain Specialty R. Ruiz Lopez</p> <p>New Concepts in RF and Pulsed RF S. Erdine</p> <p>Complications of Neuromodulation S. Ozyalcin</p>
14.30- 15.30	LUNCH BREAK

<p>15.30-17.00</p>	<p>ROUND TABLE V Cancer Pain and Palliative Care Chairs: S. Ozyalcin, D. Diplas, A. Tsirogianni</p> <p>Bone Metastases & Breakthrough Pain G. Talu</p> <p>Cancer Pain: Improvement Programs for Cancer Pain K.C.P. Vissers</p> <p>Early Inclusion of Palliative Care in Oncology Care S. Bosnjak</p>
<p>18.00-20.00</p>	<p>Hippocrates' Oath Ceremony at Asclepeion/Visit at Hippocrates' Platanos tree</p>

Friday, September 27th, 2013

	HALL II
09.00-12.00	<p>WORKSHOP I Local Anesthetics Systemic Toxicity (LAST): Crisis Management</p> <p>Instructors – Commentators: E. Argyra, A. Borgeat, E. Moka, K. Theodoraki</p> <ul style="list-style-type: none"> • Introduction: E. Argyra • Briefing: Prevention & Treatment Guidelines: K. Theodoraki • Case Studies – Interactive Discussion: All • Debriefing: E. Argyra, A. Borgeat, E. Moka, K. Theodoraki • Messages to Take Home: A. Borgeat
13.00-14.30	<p>WORKSHOP III Hypogastric Plexus Block</p> <p>N. Mekhail</p> <p>Co-ordinator: Z. Gabopoulou</p>
14.45-15.30	<p>e-Posters Session IV Basic Science Chairs: P. Kaberi, M. Papastamou, A. Stratsiani</p> <p>P 17 The interaction of several Antidepressant drugs with Acute and Chronic Methadon in mice and possible clinical implications <u>Heiman A.², Schreiber, S.¹, Hostovsky, A.², Barak, Y.², Rubovitch, V.², Pick, C.G.^{2*}</u> <i>1. Department of Psychiatry, Tel Aviv Sourasky Medical Center & Tel Aviv University Sackler Faculty of Medicine; 2. Department of Anatomy, Tel-Aviv University Sackler Faculty of Medicine, Tel Aviv, Israel</i></p> <p>P 18 The Antioxidant response in the skin incision injury model of Neuropathic pain. A prospective, experimental study <u>Papakitsos G., Kapsali A., Papakitsou E.</u> <i>Anaesthetic Department, General Hospital Arta, Greece</i></p> <p>P 19 Zinc Homeostasis and Pain signaling are HSP70 – modulated, in mice DRG Neurons <u>Deligiannis I.¹, Lekkas P.¹, Kontargiris E.¹, Angelidis Ch.², Vezyraki P.¹, Evangelou A.¹, Vadalouka A.³ Kalfakakou V.¹</u> <i>1. Physiology Lab., Medical School, University of Ioannina, Greece</i> <i>2. Biology Lab., Medical School, University of Ioannina, Greece</i> <i>3. Anesthesiology Clinic, Medical School, University of Athens, Greece</i></p> <p>P 20 Treating-to-target for pain relief: the Satisfaction Criterion (SaCr) <u>Raptis E.¹, Vadalouca A.², Stavropoulou E.², Argyra E.², Siafaka I.²</u> <i>1. Pfizer Hellas, 2. Pain Relief & Palliative Care Center, A' Anesthesiology Department, Aretaieion Hospital, University of Athens</i></p> <p>P 21 Validation of the Greek Version of the DN4 Diagnostic Questionnaire for Neuropathic Pain; Preliminary results <u>Zis P.¹, Sykioti P.², Stavropoulou E.², Argyra E.², Siafaka I.², Vadalouca A.², Karandreas N.³</u> <i>1. Department of Neurology, Evangelismos General Hospital, Athens, Greece</i> <i>2. 1st Anaesthesiology Clinic, Pain Relief and Palliative Care Unit, Aretaieion University Hospital, University of Athens, Greece</i> <i>3. 1st Department of Neurology, University of Athens, Greece</i></p>

Friday, September 27th, 2013

	<p>HALL III</p>
<p>08.00-09.00</p>	<p>e-Posters Session III Chronic Pain II Chairs: T. Lefaki, G. Papakitsos, P. Galanou</p> <p><i>P 12 Incidence of Chronic Postsurgical Pain (CPSP) after colon surgery. Characteristics and related factors</i> <u>Macheridou A.</u>, Giannopoulou A., Grigoratou M., Michaloliakou M., Pagoulatou A., Ivanova E., Papadopoulou T., Afouxenidou E., Kalantzi N., Michaloliakou Chr. <i>Department of Anaesthesiology and Chronic Pain Clinic</i> <i>Metaxa Cancer Hospital, Piraeus, Greece</i></p> <p><i>P 13 Gabapentin withdrawal symptoms</i> <u>Frantzeskos G.</u>, Arhontaki V., Lefaki T. <i>Heraklio University Hospital, Crete -Pain Clinic</i></p> <p><i>P 14 Diagnosis and treatment of Chronic Peripheral Neuropathic Pain in everyday practice</i> Spyrakopoulou G.¹, Tzanetakou M.¹, Skianni A.¹, Georgiadis A.² 1. <i>Astellas Pharmaceuticals.</i> 2. <i>Center of Musculoskeletal Diseases, Lito Hospital, Athens</i></p> <p><i>P 15 Analgesic treatment of Trigeminal neuralgia with Capsaicin patch 8%. Preliminary results</i> <u>Doskas T.</u> <i>Neurological Clinic. Naval Hospital of Athens</i></p> <p><i>P 16 Burning mouth syndrome</i> <u>Kokolaki M.</u>, Bairaktari A.¹, Kamperi P., Tsismalidis K., Vafiadou M. <i>Department of Anaesthesiology and Pain Clinic, Sismanoglion General Hospital Athens</i> 1. <i>Department of Anaesthesiology and Pain Clinic, G.O.H.K. "Agioi Anargyroi"</i></p>
<p>10.30-11.30</p>	<p>Workshop II Hands-on Demonstration with Ultrasound Techniques in Children Upper and Lower Extremities</p> <p>G. Noutsos, E. Garini</p> <p>Co-ordinator: G. Mammi</p>
<p>14.30-15.15</p>	<p>e-Posters Session V Chronic Pain III Chairs: M. Zotou, G. Konstantopoulou, Ch. Isaia</p> <p><i>P 22 Analgesic efficacy of Pregabalin in patients with Chronic Low Back Pain</i> Isaia E.C, Stavropoulou E., Raptis E., Sifaka I., Argyra E., Vadalouka A. <i>Pain and Palliative Care Center, Aretaieion Hospital, University of Athens</i></p>

	<p>P 23 Alkaptonuria as a cause of chronic pain. A case report Siafaka I., Foradi E., Vadalouka A., Argyra E. <i>Pain Relief & Palliative Care Center, Aretaieion Hospital, Medical School, National and Kapodistrian University of Athens, Greece</i></p> <p>P 24 Alternative healing method for low back pain: Spine works manual therapy. A case study Papanikolaou F. <i>Adapted Physical Educator, Manual Therapist Spine Worker</i></p> <p>P 25 Medical undergraduate's awareness, beliefs and attitudes towards Chronic Pain Argyra E.¹, <u>Theodoraki K.</u>¹, Moutzouri A.², Papadopoulos D.², Rekatsina M.², Vadalouka A.¹, Siafaka I.¹ 1. <i>Pain Relief & Palliative Care Center, Aretaieion Hospital, Medical School, National and Kapodistrian University of Athens (NKUOA) Medical School, Greece</i> 2. <i>Medical Students, NKUOA Medical School</i></p>
<p>15.30-17.00</p>	<p>Workshop IV Hands-on Demonstration with Neurostimulators Techniques Upper and Lower Extremities G. Stamatiou, P. Theodosiadis, E. Antonopoulou</p>

Saturday, September 28th, 2013

	HALL I
09.00-10.00	<p>Opioids and Cancer Chairs: A. Krespi, A. Bairaktari, A. Amaniti</p> <p>Opioids & Cancer Biology. Preclinical Evidence E. Moka</p> <p>Perioperative Opioids & Cancer Growth I. Siafaka</p>
10.00-10.30	<p>Satellite Lecture Chairs: M. Vafiadou, E. Vrachnou, V. Tsirtsiridou</p> <p>Oral Transmucosal Fentanyl Citrate and Breakthrough Pain S. Pouloupoulou</p>
10.30-11.00	<p>Lecture III Chairs: A. Borgeat - M. Gouliami</p> <p>Research Contact and Misconduct E. Argyra</p>
11.00-11.30	COFFEE BREAK
11.30-12.30	<p>Satellite Lectures Chairs: G. Papadopoulos, A. Vadalouca, A. Paladini</p> <p>Safety and Efficacy of Transdermal Buprenorphine G. Varrassi</p> <p>The Role of Oxycodone in Chronic Pain I. Siafaka</p>
12.30-14.00	<p>Pharmacological Treatment of Neuropathic Pain: Guidelines of the Hellenic Society of Pain Management and Palliative Care Chairs: A. Vadalouca, I. Siafaka Speakers: A. Vadalouca, E. Vrachnou, F. Kremastinou, I. Siafaka, E. Stavropoulou</p>
14.00-15.00	LUNCH BREAK
15.00 -16.00	<p>Miscellaneous Chairs: Ch. Michaloliakou, G. Anastasiadou, E. Papadopoulou</p> <p>Is Hyperalgesia Another Type of Neuropathic Pain? M. Karanikolas</p> <p>Thromboprophylaxis in Cancer E. Arnaoutoglou</p>
16.00-17.00	<p>Interventional Techniques Chairs: M. Karanikolas, E. Antonopoulou, D. Moumtzi</p> <p>Cooled RF Applications in Chronic Pain N. Mekhail</p> <p>Orofacial Pain Ph. Mavrocordatos</p>
17.00-17.30	CLOSING SESSION - AWARDS

Saturday, September 28th, 2013

	HOSPITAL OF KOS
08.00-11.00	Workshop V at the Hospital Hands-on Mannequin Workshop on Interventional Techniques S. Erdine, J. Van Zundert, A. Vadalouca

	HALL II
14.00-15.00	e-Posters Session VII Acute Pain II Chairs: S. Georgopoulou, E. Theodorou, J. Demosthenous P 31 Thoracic epidural analgesia related complications: a large retrospective dual center review Sarridou D.G., Cox F., Mitchell J.B., Walker C.P.R., Wright J., Wright I.G., Royston D., Hall D., Harris P. <i>Department of Anaesthesia, Critical Care & Pain Management, Royal Brompton and Harefield NHS Trust, Harefield, Middlesex, UK</i> P 32 Analgesic effect of Droperidol in Emergency Department patients <u>Papakitsos G.</u> , Kapsali A., Papakitsou E. <i>Anaesthetic Department, General Hospital Arta, Greece</i> P 33 Vaccination Pain Management: Effect of Breast Feeding on Infant's Behavioral Pain Scale, A Randomized Control Trial Study Taavoni S. ^{1,2} , ShahAli Sh. ¹ , Haghani H. ¹ <i>1. Tehran University of Medical Sciences</i> <i>2. Member of Research Institute for Islamic & Complementary Medicine (RICM, TUMS)</i> P 34 Combination of Tramadol with Morphine for the treatment of Acute Postoperative Pain Bairaktari A. ¹ , Kokolaki M., Gianniri M., Triantafyllou O. ¹ , Vafiadou M. <i>Department of Anaesthesiology and Pain Clinic, Sismanoglion General Hospital, Athens</i> <i>1. Department of Anaesthesiology and Pain Clinic, G.O.H.K. "Agiou Anargyroi", Athens</i> P 35 Pregabalin for chronic pain in end stage respiratory failure patients awaiting lung transplant from veno-venous ECMO support Sarridou D.G., Walker C.P.R., Cox F., Mitchell J.B., Farrimond J.G., Wright I.G., McGovern I., Mohite P. <i>Department of Anaesthesia, Critical Care & Pain Management, Royal Brompton and Harefield NHS Trust, Harefield, Middlesex, UK</i> P 36 Analgesic, Opioid-Sparing, and Fast-Tracking Properties of α_2-Adrenergic Agonists in CABG Patients: a double-blind, randomized, placebo-controlled comparative and cost-analysis study of Dexmedetomidine and Clonidine efficacy Moka E. ¹ , <u>Boufidis S.</u> ¹ , Markantoni S. ¹ , Mathioudakis E. ² , Zografistos N. ² , Xenikakis T. ³ , Manousakis E. ³ , Mehlhorn U. ³ <i>1. Anaesthesiology Department, Creta InterClinic Hospital, Heraklion, Crete, Greece</i> <i>2. Intensive Care Unit (ICU), Creta InterClinic Hospital, Heraklion, Crete, Greece</i> <i>3. Cardiac Surgery Department, Creta InterClinic Hospital, Heraklion, Crete, Greece</i>

	HALL III
08.00-09.00	<p>e-Posters Session VI Chronic Pain VI Chairs: P. Chloropoulou, M. Papadopoulou, I. Skouteli</p> <p>P 26 The effectiveness of Capsaicin Patch 8% (QUTENZA) in patients with chronic low back pain Krokos A., Georgiadis A. <i>Center of Musculoskeletal Diseases, Lito Hospital, Athens, Greece</i></p> <p>P 27 The use of 8% capsaicin patch for treatment of chronic low back neuropathic pain <u>Bernali N.</u>, Tambakis P., Venetsanou F., Deli M. <i>Pain center of Thives General Hospital</i></p> <p>P 28 Acupuncture as an add on therapy in Chronic Pain <u>Chairetakis N.</u>¹, Papakosta L.¹, Argyra E.² <i>Pain and Palliative Care Center, Aretaieion Hospital, National and Kapodistrian University of Athens</i></p> <p>P 29 Treatment of Stump Pain in a patient with repeated Capsaicin 8% patch use – a case study <u>Tsirogianni A.</u>, Veliki P., Aslanidis D., Kostikou M. <i>Pain Unit, General Hospital of Katerini</i></p> <p>P 30 Effects of Shiatsu in patients with chronic Non-Malignant Pain <u>Lazana M.</u>, Tchagoshvili K., Stroggyloudis K., Polychroni-Giannino P., Kokkori M., Konstantinidou E. <i>Pain and Palliative Care Center- Aretaieion Hospital-National & Kapodistrian University of Athens</i></p>
09.00-10.30	<p>Workshop VI</p> <p>Hands-on Demonstration with Ultrasound Techniques in Children Upper and Lower Extremities D. Zacharopoulos, K. Armeni</p> <p>Co-ordinator: A. Anagnostidou</p>
15.00-16.30	<p>Workshop VII</p> <p>Hands-on Demonstration with Ultrasound Techniques Upper and Lower Extremities T. Paraskevopoulos, A. Kotouzas</p>